

HAPPENINGS

ISSUE NO. 331

DECEMBER 2018

SERVING PORT ST. JOHN & CANAVERAL GROVES

Submissions for publication need to be in before the 18th.



Call 321-633-7499 or e-mail to happenings1@att.net. The current and last issues are on the website. www.happenings.net

*** It's Christmas Parade Time! ***

Our 29th Christmas parade will take place on Saturday, December 15th at 11 AM, brought to you by Happenings and Parrish Medical Center. The parade route will be along Fay Blvd., starting at Waterloo Ave. and going east to Carole Ave. in the eastbound lane. The floats face the south side of Fay Blvd., so viewing will be best on the sidewalk on the south side.



Diamond sponsors, FPL and Higginbotham Companies. We are not government run or funded, so the following wonderful companies make the parade possible, along with the amazing volunteers who work to make the parade happen. It takes a village to put on a parade!

Parrish Medical Center, Happenings, FPL, Higgin-

botham Companies, Freedom Air Conditioning, Community Educators Credit Union, Dogs R Us, Allstate Insurance, Shipping Depot, Space Coast Panthers, Port Java and Friends of the Library.

Please be thoughtful of the residents along Fay Blvd. and do not litter their yards with candy wrappers and cups. If you bring a plastic store bag for candy and/or trash, it would help a LOT.

Any questions, suggestions, problems or needs should be directed to Randy Rodriguez, 321-633-7499.

The theme of this year's parade will be "Christmas Around the World." Come out and see what the imaginative groups in PSJ and the Groves can come up with, or enter your own group. Entry forms are available at www.happenings.net and inside this issue.

We heard from Santa. He'll be there testing his new sleigh for Christmas.

A HUGE THANK YOU to our Prime Sponsor, Parrish Medical Center, and our



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A Holiday Meet and Greet with Santa Claus Himself!

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FROM 1:00 TO 3:00 PM
\$5.00 PER CHILD

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PSJ Community Center Schedule - December, 2018

The center is open Mondays–Thursdays from 10 AM to 8 PM, Fridays from 9 AM to 6 PM, Saturday 10 AM-2 PM Schedule is subject to change. For latest information or to register, call 633-1904.

Mondays – Fridays

Seniors at Lunch, 10 a.m. - 1 p.m.

Mondays

24th Center closed Christmas Holiday

Outside Basketball, 10 a.m.-8 p.m.

Community Cares After School Program, 2:30- 6

Game Room/Computers, 3-8 p.m.

Billiards, 3-8 p.m.

Zumba (Adult Class), 6-7 p.m.

Tuesdays

25th Center closed Christmas Day Holiday

Outside Basketball, 10 a.m.-8 p.m.

Community Cares After School Program, 2:30- 6

Game Room/Computers, 3-8 p.m.

Billiards, 3-8 p.m.

Girl Scout Troop 1902, 4-5 p.m.

Girl Scout Troop 276, 6-7 p.m.

Wednesdays

Outside Basketball, 10 a.m.-8 p.m.

Dream Weavers, 1-4 p.m.

Community Cares After School Program, 2:30- 6

Game Room/Computers, 3-8 p.m.

Billiards, 3-8 p.m.

Zumba (Adult Class), 6-7 p.m.

Thursdays

Outside Basketball, 10 a.m.-8 p.m.

Community Cares After School Program, 2:30- 6

Game Room/Computers, 3-8 p.m.

Billiards, 1:30-8 p.m.

Tai Chi, 6-7 p.m.

Cub Pack 704, 6-7 p.m.

Fridays

Outside Basketball, 10 a.m.-6 p.m.

Community Cares After School Program, 2:30- 6
Billiards, 1:30-6 p.m.

Saturdays

15th Cookies With Santa, 1-3 p.m. \$5

Outside Basketball, 10 a.m - 2 p.m.

Game Room/Computer, 10 a.m. - 2 p.m.

Cookies With Santa - Come visit Santa, decorate a cookie and make a craft while enjoying the holiday spirit 1-3 p.m. \$5. The Greater Canaveral Chapter of the Barbershop Harmony Society will be performing at 1:30 p.m. For more information contact the Port St. John Community Center.



First United Methodist Church
1165 Fay Blvd, Port St. John

FREE – FREE – FREE
Community Christmas Picnic

WHERE: Nicol Park (Corner of Fay & US1), PSJ
WOW: Immediately following the PSJ Christmas Parade
WHEN: December 15, 2018 approx. 1:30pm
THE HAPPENINGS: Food, Games, Music, Fire truck display, Police K9 demonstration and Santa Clause will tell the Christmas Story



CHRISTMAS CANTATA

WHERE: 1st United Methodist Church, PSJ
1165 Fay Blvd, PSJ
WHEN: December 23 at 10am
WHAT: Celebrating Christmas with Music

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Good Day! by Maureen Rupe **Port St. John Drainage Problems**

On new construction and drainage issues in Port St. John, Canaveral Groves and Windover Farms, Brevard County and District 1 Commissioner Rita Pritchett are working diligently for solutions. This is becoming a huge problem and the county has a new ordinance to implement some new policies and procedures.

I was given a copy of Brevard County's 22-48 – Lowest floor elevation and lot drainage. The first paragraph, Purpose and Intent, states the purpose of this section is to ensure new residential construction and additions to existing residential structures increasing the floor area footprint provide for drainage of surface water away from structures to protect buildings from flooding and to maintain ground stabilization for supporting foundations. Paragraph (C), Site drainage plan, required (4), The drainage plan must clearly indicate the flow direction of proposed surface water drainage and show the location(s) of surface water from the lot, and (7), The drainage plan must include the floor elevations of existing dwellings on abutting properties. Since it does

list these two sections, these sections should be enough to prevent any concern that a new house is going to flood you, his neighbor.

None of these sections describes issues you see with lot heights way above neighboring lots. Type A drainage, (rear to front), has to have floor elevation at least 24 inches above the crown elevation of the street. Type B drainage, (Split), has to be at least 18 inches above the crown elevation of the street. Type C drainage, (front to rear), doesn't list a minimum height, but states it has to be sufficiently high to provide flood protection. Again, although this new requirement implies it's preventing flooding your neighbor, there's nothing in these requirements preventing the lot being six feet or more above their neighbors. That's a huge difference in lot height and almost guarantees the lower lot will be flooded by the higher lot.

The new polices and procedures require sufficient infrastructure for low spots in the street and require onsite storm water retention, or French drains.

The county is requiring more maintenance when a septic is higher than a neighboring house

on a lower lot. There is a house at 6825 Grissom Parkway that has received more calls from residents concerning whether it is legal or not. The county is investigating and I assume they will try to assure neighbors they will not be impacted. The problem seems to be that new construction is permitted at one elevation for septic from the state, and another elevation is permitted for the building from the county.

Bio-Solids: A Load of Crap

Do not be fooled by semantics. Bio-Solids is Human Waste (excrement; defecation). Nutrients is another positive word. The state uses it for Nitrogen and Phosphorus, which may be good for plants, but sure isn't any good for our waters. Everywhere you read in the news these days, politicians keep talking septic tanks as the bane of our Indian River Lagoon. They want sewer systems repaired and expanded, forcing everyone on a septic tank onto sewer systems, or at least those close to our crucial water bodies like our springs, lakes and lagoons. Everyone keeps forgetting we still need to mitigate all the existing waste. Sewer systems don't magically turn our waste into saw dust, or anything else that is safe

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for our sacred water bodies. They add chemicals to either make it a little safer, or a lot safer from a human health perspective, not necessarily safe for our surface water. We then either take it to the County Dump, or better yet, spread it across our farms, or deliver to nearby counties to spread across their farm land. Look at a map of Florida. What used to be swamps have been turned into lakes by developers. They may not look connected, but a few feet down is groundwater and groundwater does moves around.

TCPalm.com did an investigative report by Lucas Daprile on April 26, 2017, titled “Experts: Florida should sell, export human waste, not dump it on farms.” It states Florida disposes of 320,000 tons of treated human waste every year, and spreads the majority across Florida farm-lands, at least in 2013 (the last DEP report). The article stated Florida only exported 723 tons of Class AA waste, and even imported 20,657 tons of Class AA waste. Gary Roderick, a former DEP administrator in the Port St. Lucie office, stated nitrogen and phosphorus in human waste is not consistent, and may be off the chart levels, especially in unneeded phosphorus that easily runs off

into surface water. The trouble is, human waste bio-solids is a lot cheaper to use on Florida’s farmland as chemical fertilizers cost 10 to 100 times more. According to the article, the state even imported 21,000 tons in 2013, enough to fertilize 35 square miles of Bahia grass. Florida’s counties and cities have loads of this stuff and they have to get rid of it. It’s much easier to ship it locally instead of spending the dollars needed to ship this high-weight product out of state, even though there are at least 33 states that have nutrient deficient soils.

Probably due to the TCPalm investigation reports like the one above, the Treasure Coast Regional Planning Council released a report by the same Gary Roderick as above, titled “Florida Biosolids,” on December 08, 2017. The presentation doesn’t have lot of text, but it did state data showed failing septic tanks were not the main source of nutrients. The presentation seemed to imply Bio-solids were doing our water bodies the most harm, and it’s a lot easier and cheaper to treat the bio-solid and ship it out of state, than to clean the extra nutrients out of our surface water. The presentation gave an example of a

“Biosolid Bio-energy Omni Processor,” which converts biosolids into electricity – ammonia (NH3) – water – elemental phosphorus ends up in final ash. “The Omni Processor eliminates the need for anaerobic digestion, aerobic storage ponds, composting and landfill disposal,” and more than anything, eliminates the extra nitrogen and phosphorous being put into our crucial water bodies like the Indian River Lagoon. We do need to explore this option.

What is most terrible is 2013 seems to be the last year the Florida Department of Environmental Protection has collected and reported where our cities and counties are spreading and/or exporting this muck. I also found there’s a self-reporting Florida form, called the “Biosolids Site Self-Evaluation for Permittees,” which each farm completes to say they are complying with the rules, but when they don’t, fines are fairly low as they are for most environmental violations. There has been talk about increasing fines, at least for municipality sewage spills, but with Florida, I’ll believe it when I see it. Florida is not known for large fines when it comes to

cont., next page

Do you know what Santa and Mrs. Claus do in Brevard County after Christmas?

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STEVEN ALLENDER

Good Day!, cont.

environmental protection. Even with human health, like restaurant inspections, the state has had a hands off approach, not even ensuring state inspections are completed regularly, until there's an accident where people die and/or a lot of sick people are involved.

Research: www.tcpalm.com/story/news/investigations/2017/04/26/biosolids-disposal-solutions/99744306/

www.tcrpc.org/council_meetings/2017/Dec2017/Final_Reports/biosolids_tcrpc_final.pdf

www.floridadep.gov/sites/files/Biosolids_Self_Evaluation_06_04_15_ver_1a_protected.pdf

Water Quality Matters

I read an Opinion editorial in the Orlando Sentinel on Nov. 11/2018; "Red Tides: an unwelcome reminder that water quality matters," by James Gianttina, a member of the Environmental Protection Network, and formerly the Water Protection Division Director for Environmental Protection Agency's Southeast Regional Office in Atlanta, Georgia. He reminded everyone Florida has some very beautiful beaches and if

we lose these, a lot of people probably won't return. The recent red tide is a reminder that water quality matters. James Gianttina stated this is an especially troubling time and that, "The Trump Administration seeks to weaken federal protections guaranteed under the Clean Water Act by narrowly defining 'waters of the United States'." Excess nutrients are contributing to much of this algae. "At the same time this Administration is considering changes to federal law that would remove many wetlands and small streams from protection – the very waters that play an important role in filtering nutrient pollution and protecting downstream waters."

Florida has wetland mitigation laws to move wetlands from areas they want to develop and allow developers to buy wetlands in areas that people don't want to develop. It takes away the filtering wetlands from where it protects the Indian River Lagoon, for example, and buys land in a mitigation bank that restores or saves a wetland in some adjoining county. We lose the wetland benefits here but save them someplace else. There's a lot of debate on wetland mitigation banks, but there's also a problem with what's happening in

Central Florida. They connect all the wetlands and lakes, as it moves water to the south, where it eventually runs into Lake Okeechobee, which is becoming a huge algae pit.

We haven't seemed to learn from our misdeeds and I'm wondering if we ever will.

Reference:
www.sun-sentinel.com/opinion/editorials/fl-op-col-gianttina-pollution-20181112-story.html

I thought you might find the following interesting between Brightline and Virgin Group:

PRESS RELEASE FROM VIRGIN GROUP CONCERNING BRIGHTLINE

Introducing Virgin Trains, USA, 11/16/2018

A little over a year ago, we visited Miami to see the new privately-funded passenger rail system that Brightline and Fortress Investment Group was building in Florida.

It was clear from that, our first visit, that Wes Edens, Brightline's founder, and his team had an exciting vision and the skills for American rail travel that no other private American enterprise has been able to do for a century.

This year, Brightline launched its first services in Florida between Miami, Fort Lauderdale and



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West Palm Beach, with plans to further expand into Orlando and Tampa. It also recently revealed an exciting project to connect Las Vegas to Southern California. These are parts of the country we know and love from our teams at Virgin Hotels, Virgin Voyages and Virgin Atlantic, among others.

We have a long history of creating innovative businesses that shake up markets and establish loyal followings. We transformed domestic air travel with Virgin America and have spent more than a decade looking for a similar opportunity to change the face of American railways. We believe Brightline is at the forefront of this innovation and the ideal partner to work with to alter perceptions and traveling habits across the United States.

On the potential of rail travel, Wes and I are

kindred spirits. Rail is a sector close to my heart after 21 years of running Virgin Trains in the UK, creating breakthroughs from tilting Pendolino trains to the automated delay repay scheme. Virgin Trains continues to go from strength to strength, transporting more than 38 million passengers on the UK's West Coast Main Line last year. We're looking forward to working alongside Wes and Brightline to rejuvenate the US trains market, too.

2019 is shaping up to be the most exciting 12 months yet for Virgin in the US, with Virgin Hotels, Virgin Voyages, Virgin Atlantic, Virgin Galactic, Virgin Orbit, The Spaceship Company, Virgin Mobile USA, Virgin Hyperloop, Virgin Produced, Virgin Pulse, Virgin Wines and more among the companies set to continue innovating in the year ahead. How wonderful to add Virgin

Trains USA to the Virgin family, and we look forward to working with all of the Brightline team.

Reference: www.virgin.com/richard-branson/introducing-virgin-trains-usa

The Holidays

Please support the Port St. John Christmas Parade on the 15th of December. I shall be in a car representing Parrish Medical Center. I have been on their Board of Directors for 19 years. The Board, staff, doctors, and nurses have worked diligently to make Parrish a hospital all the residents in North Brevard can be proud of with their excellent service.

I Wish You All a Very Happy Christmas and a Peaceful New Year.

Cheerio,
Maureen Rupe
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HOLIDAY MAYHEM

Hey neighbors! If you haven't seen the commercial with the 'Mayhem' character, then at least I hope you know the holidays can be hectic with

or without mayhem. Please keep in mind you are not alone and there's lots of good help here in Port St. John. We have lots of organizations you can turn to for help at little to no cost.

If you or a loved one feels like there's nowhere to turn, please contact the helpline. Dial 2-1-1. Brevard provides information and assistance in times of emotional, financial and community crisis. There are also many churches who can offer assistance with food and counseling.

If you're traveling, I recommend having the vehicle thoroughly checked to ensure safe travels. I've learned this the hard way going down 1-95 passing a car with a small child in a child seat, when my tire blew. Luckily we glided to the shoulder and while I was prying the overly tight lug nuts in a body slam attempt, a very nice truck driver offered his assistance, and we were off in a jiffy, unscathed. Hopefully nobody had an accident dodging the tire parts that we left stranded a mile back.

Don't forget to use caution with holiday lights, and don't overload the circuit. And if you decide to climb on the rooftop to sport those outdoor decorations, please make sure you have a "spotter" who can call 9-1-1 in case Mayhem shows up. And as always...lock those windows and doors! Have a safe a wonderful holiday season!

See you in the new year!

-Neighbor Nell



Out On The Town GG's Roots

We have a new place to eat in Port St. John. Located right up front in the same small strip mall as Discount Beverage is GG's Roots. GG's is authentic Puerto Rican cuisine. And how do I know that? I asked my Puerto Rican co-workers and they said so.

In fact, Louie told me that the dishes reminded him of his family's cooking back in Puerto Rico and the Pernil Roasted Pork tasted just like what his grandfather used to cook. With all these praising accolades, I had to try this place for myself. Besides, I'm always looking for something a little different to break up the monotony of the same ol', same ol'.

My wife and I arrived and couldn't decide what we wanted, probably because we really didn't know Puerto Rican cuisine. The staff at GG's is exceptionally friendly and took the time to explain what each dish was. Even after that, we still couldn't decide because we wanted to try everything.

GG's has basically 2 prices; small and large. A small platter is \$6.95 and comes with 1 meat and a side, the large platter is \$8.95 and comes with 1 meat and 2 sides. My wife got the roasted chicken, yaca cassava, rice and beans, and an empanada. I got the Pernil Roasted Pork, vegetable medley, rice and beans, and an empanada.

Everything was very tasty and the portions were large. We really enjoyed the empanadas and the Habichuelas (red beans over rice). The chicken had a very good unique flavor, but the pulled pork (Pernil Roasted Pork) was out of this world. I've eaten a lot of pulled pork in my lifetime, but this pork had a whole different flavor. Not only did it have great flavor, it was moist and juicy. In fact, I liked it so much, I may call them up to see if I can get a few pounds of the pork to go.

GG's is also an ice cream shop. They offer hand dipped ice cream, cones, malts, milkshakes, sundaes, floats and more.

You can visit their Facebook page to see the complete menu, or just give them a call at 321-313-1566.

- Ken Carson

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Port St. John Soccer

The Fall Season has ended for the Port St. John Soccer Club, and we could choose to be sad about the end of a busy Saturday schedule. Instead, fitting with the current season, we are choosing to be thankful - Thankful for the new friendships that were built, both among the players, and among the parents; Thankful for a season that was uneventful in terms of serious injuries; Thankful for a growing community of soccer players and fans; Thankful for the laughs and the everlasting memories that were shared; Finally, thankful for all of the volunteers who made it possible.

The Fall Season consisted of some great soccer matches, and if you missed them, we encourage you to start preparing your Spring calendar for a chance to see some future superstars being developed in your own community. This Fall we saw some returning players continue their growth and impress us weekly with their fancy moves and rocket shots on goal. We also saw some newcomers amaze us with how quickly they picked up the skills and developed into leaders on their teams.

Although the skills were dazzling and we could all share stories of how proud we are of our kids' performance on the field, I would like to also highlight the tremendous sportsmanship displayed by our future leaders. We saw compassion and concern displayed when a player went down, whether it was teammate or foe. We saw players choose to take a vocal role in leading their team when spirits were down. And of course, we all saw players learn to accept the call from the referee, even if they do not agree.

If you are missing the action, we have some



good news. Many of the Port St. John players are currently playing, and starring, on local high school teams. Likewise, several of our coaches are leading high school teams. If you have some free time on a weeknight, we encourage you to check the schedules of your local high schools, and visit the field to see some great soccer at a reasonable price.

Finally, PSJ United would once again like to thank the many current volunteers who are donating their valuable time to help run the club. Anyone else interested in making a positive impact in the community may contact the club through the website, or contact Dwayne Davis at ddavis1974@msn.com. The club can use help in many areas, ranging from volunteer coaches, concession workers, lining of fields and several other areas. Volunteer hours are also applicable for Bright Future Scholarships. Without volunteers there is no league, so we encourage all to join us. You may visit the website for more details.

Anyone interested in Board meetings may email Dwayne Davis with questions about meeting dates.

It is never too early to start thinking about registering for the Spring Season. For more information, visit Psjunitedsoccer.com, or follow on Facebook at www.facebook.com/psjunitedsoccer.

Port St. John Soccer will have a float in the upcoming Christmas parade. We will be handing out some treats for the kids and we hope to see you there.

See you on the Pitch!!

PORT ST. JOHN



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Post 359 - American
Legion Riders presents

Bike Days at the Tiki

December 1st, 1 - 5:00 p.m.

Andy's Burgers on the grill with

Fixin's, \$6.

Listen to live music by Freeway Band.

Drawings, 50/50. All proceeds to benefit veterans and veterans' families

7260 S. US Hwy. 1 Bellwood (just north of Port St John), 321-268-1632.

Contact Janice Anderson, Events Coordinator, American Legion Riders Post 359 at info@alr359.com for more information.

Upcoming special events:

12/5 6 pm: American Legion Axillary Meeting.

12/10 6 pm: Sons of the American Legion Meeting.

12/15 4-9: Bike Night; Fundraiser with Space Coast Harley Davidson.

12/16 10 am: Riders Meeting.

12/19 6 pm: General Membership Meeting.

12/31 1-4: New Year's Eve Early Bird Party; Glen and Jamie from Midlife Crisis Band.

12/31 9 pm- 1 am: New Year's Eve Party; Spanks Band.

Monthly Tax Update

The Internal Revenue Service (IRS) has reminded employers and other businesses of the January 31st filing deadline that now applies to filing wage statements (W-2's) and independent contractor forms (1099-Misc's) with the government. These forms need to be filed with the Social Security Administration and mailed to the recipients by January 31st. This deadline makes it easier for the IRS to verify income individuals report on their tax returns and helps prevent fraud. Failure to file these forms correctly and timely may result in penalties. In the past, these penalties have not been issued, but this is changing. One of our clients has been penalized over \$3,000 for being one day late. You are also urged to take advantage of the accuracy, speed and convenience of filing these forms electronically the day before they are due. You should start at the beginning of December to verify current and terminated employees' information. This includes names, addresses, Social Security or individual taxpayer identification numbers. Also, be sure to verify your own information is correct and active with the Social Security Administration before January.

Don't forget, if paper Forms W-2 are going to be used, then you should order early. If you think an extension of time may be needed to file, it's no longer automatic. The IRS will only grant extensions for very specific reasons.

Now, when getting prepared for the new year, remember to evaluate if you are an eligible taxpayer who may now deduct up to 20% of certain business income from domestic businesses operated as sole proprietorships or through partnerships, S corporations, trusts and estates. The deduction may also be claimed on certain dividends. Eligible taxpayers can claim the deduction for the first time on the 2018 federal income tax return they file in 2019. This provision is the result of tax reform legislation passed in December, 2017.

Here are some other things business owners should know about this deduction: The deduction applies to Qualified Business Income. Qualified Business Income is the net amount of qualified items of income, gain, deduction and loss connected to a qualified U.S. trade or business. Only items included in taxable income are counted. The deduction is available to eligible taxpayers, whether they itemize their deductions on Schedule A or take the standard deduction. The



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- MINI IMPLANT DENTURES

- ROOT CANALS
- TOOTH COLORED BONDING/FILLINGS
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- PERIODONTAL THERAPY
- NITROUS OXIDE AND ORAL SEDATION
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deduction is generally equal to the lesser of these two amounts: 1) 20% of qualified business income plus 20 percent of qualified real estate investment trust dividends and qualified publicly traded partnership income or 2) 20% of taxable income computed before the qualified business income deduction minus net capital gains. Eligible taxpayers require taxable income computed before the qualified business income deduction not exceeding \$315,000 for a married couple filing a joint return, or \$157,500 for all other taxpayers, the deduction may be subject to additional limitations or exceptions. These are based on the type of trade or business, the taxpayer's taxable income, the amount of W-2 wages paid by the qualified trade or business, and the unadjusted basis immediately after acquisition of qualified property held by the trade or business. Note: Income earned in a C corporation or by providing services as an employee is not eligible for the deduction.

Now, let's turn to 2019 tax changes. The standard deduction for married filing jointly rises to \$24,400, up \$400 from the prior year. For single taxpayers and married individuals filing separately, the standard deduction rises to \$12,200, up \$200, and for heads of households, the standard deduction will be \$18,350, up \$350. The personal exemption for tax year 2019 remains at 0, since, this was eliminated. And the, the foreign earned income exclusion is \$105,900, up from \$103,900. The annual exclusion for gifts remains at \$15,000.

I want to wish everyone a very merry and joyous holiday season. I also hope that everyone will always remember the ones who aren't presently with us and still with us in our hearts forever. Love your family, forgive the ones that need forgiven, and enjoy each other. Happy Holidays!!! This information is a very brief overview. For details and specific assistance in applying the general information in this article, call us at your earliest convenience or contact your tax advisor. Provided by Tracey C. Higginbotham, E.A., (321) 632-5726, a member of the National Society of Accountants.

SCHS/MS Food Drive Success



If this picture does not brighten your day...I don't know what will. Look at Jonathon in the bottom right corner.

Thank you to all who helped fill our local food pantries this holiday season! You truly made a difference. Special thanks to ROTC, The Softball Program and Mrs. Leroy's class for bringing in the most food! Pride to be a VIPER!

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Partners in Healing

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Emotional
Support



Being admitted to the hospital is a stressful event that can overwhelm a family. As one of America's finest healing environments,[®] Parrish Medical Center began Partners in Healing in 2013. Recognizing that good spiritual and emotional health has a positive effect on physical health and recovery, our program provides hospital and local pastoral care to patients and their families.



Today, the Partners in Healing program has grown to include 25 congregations in North Brevard. Together we have supported more than 1,200 people admitted to the hospital. Research shows that quality emotional and spiritual support help patients recover from illness or to cope with chronic medical conditions. Local congregations and patients speak highly of the program and the vital role that it plays in their healing experience that continues even after the patient is discharged.

“Our church has been privileged to help many people that would have otherwise slipped through the cracks. Partners in Healing participants also have a lower rate of readmission, which is practical evidence of the program’s impact on our community,” said Dal Cottrell, pastor of First Baptist Church of Aurantia. “We are proud to be a part of this vital ministry and look forward to seeing how it will continue to grow and flourish!”

Ricky Kelly is an enrollee in the program who was involved in a life-threatening car accident which resulted in him suffering from paraplegia.

“I appreciate the team and the spiritual support. It keeps me encouraged. Having someone to talk with really helps deal with depression,” said Kelly. “I’m not going to lie; it gets to me sometimes, so the support helps me cope with it.”

The Partners in Healing program helps people like Ricky Kelly address questions and concerns they might have about their care and helps to ensure they have everything they need for a full recovery.

“Based on the readmission rates tracked by The Centers for Care and Medicaid Services, PMC’s rates continue to trend less than regional, state and national averages for Medicare patients, including patients enrolled in the Partners in Healing Program,” said Jerald Smith, PMC Director, Pastoral Care. “We want to be sure that our patients have everything they need for a full recovery and that their healing continues after they leave the hospital.”



TO LEARN MORE, CONTACT:

Jerald Smith
Director of Pastoral Care
321-268-6111
Ext. 3526



COMMUNITY CALENDAR

Alcoholics Anonymous meets in PSJ on **Sundays** at 5 PM, Tuesdays and Thursdays at 6:30 PM at 4797 Curtis Blvd. (St. Patrick's Church).

Overeaters Anonymous meets in PSJ on **Saturdays** at 9:30 AM at the PSJ Library. Visit oaspacecoast.org for other meeting locations.

Nar-Anon: Support group for those affected by someone else's addiction, meets on Mondays, 7:00 - 8:00 PM at 1st United Methodist Church, 825 Forrest Ave., Cocoa www.naranonfl.org.

12-1 World AIDS Day

12-2 Hanukkah Begins

12-4 Compassionate Friends Support Group meets the first Tuesday of every month at 6 PM in Cocoa Beach at the Lutheran Church of the Resurrection, 525 Minuteman Cswy. west of A1A, Fellowship Hall. Call 610-7875 for info.

12-5 American Legion Auxiliary, Unit 359, General Membership Meeting on the 1st Wednesday of each month, 6 PM at the Post Home, 7260 S. US 1, just north of PSJ. Call President Valerie Helmer at 321-268-1632.

12-5 PSJ Startups & Founders Club, a group for new business owners and entrepreneurs,

meets on the 1st Wednesday of each month at the Port Java in Fay Plaza. We'll begin our program at 8 AM. The Port St. John internet site can be viewed at www.meetup.com/Port-St-John-PSJ-Startups-Founders-Club/.

12-7 Pearl Harbor Remembrance

12-9 Multiple Sclerosis Self-Help Group meets on the 2nd Sunday each month (except Mother's Day & Nov.), 2 PM, Cocoa Library.

12-9 Word Weavers Space Coast, a critique group for Christian writers, meets the 2nd Sunday at 2:00 PM at the Central Brevard Library in Cocoa. Visitors are always welcome. Email angelagardnerwrites@gmail.com for info.

12-9 Calling all Christian authors! Dynamic writers group in Cocoa, Fla. offers training, critiques, and paid writing opportunities (2nd Sundays 2-4:30 PM at Cocoa library). Contact D.P. Clarke at 1royaldy@gmail.com for more information. Print "Writers Group" in Subject.

12-10 Human Rights Day

12-13 Canaveral Groves Homeowners, Inc. meets on the 2nd Thursday of each month, 7:00 PM in the Fellowship Room of Discovery Christian Church, 3925 Grissom Pkwy. in the Groves.

12-14 Brevard Women's Connection meets at Space Coast Convention Center (Holiday Inn Express) on Hwy. 520 from 11 AM until 1 PM on the second Friday of each month. The program includes a luncheon plus an inspirational speaker. For more information, call Mary at 636-4713 or e-mail her at mdean44@cfl.rr.com.

12-17 Moonport Modelers RC Club meets at 6:30 PM, 3rd Monday each month at the N. Brevard Library, 2121 S Hopkins Ave., Titusville. For more info, call Wayne Mendez, 321-505-2361.

12-19 American Legion Post 359 meets at the Post Home at 7260 S. US 1 in Bellwood, (2 miles north of PSJ), 6:00 PM. All Legionnaires and new members are welcome. The Post meets on the 3rd Wednesday of each month. Please contact the Post at 268-1632 for assistance with your membership or information.

12-25 Winter Solstice

12-21 PSJ Business Connections Luncheon, sponsored by the Titusville Chamber of Commerce, meets on the 3rd Friday of the month at

12:00, PSJ Library on Carole Ave. Call Dennis Watkins at 267-3036.

12-25 Christmas

12-25 Moonlight Quilters Guild meets at the North Brevard Library in Titusville, 2121 Hopkins Ave. on the 4th Tuesday of each month. Meet and greet & refreshments at 6:15, meeting at 6:30 usually followed by show and tell or a guest speaker. Call 321-720-6232 or 321-720-1584 for more info.

12-26 Kwanzaa Begins

Congratulations to:

Erin Lilly turns **24** on the 1st.

Destiney Anthony turns **22** on the 2nd.

Mark Emr turns **28** on the 3rd.

Jennifer Giles turns hotter on the 6th.

The editor is more ancient on the 6th.

Ashley Neal turns **22** on the 6th.

Cherie Brown (Hardin) gets kisses on the 7th.

Brandon Weimer turns **12** on December 8th

John Hansen turns **64** on the 9th.

Steve Velligan parties wild on the 12th.

Cary Troxel parties all night on the 12th.

Betty Couch turns prettier on the 13th.

Jackie Jordan turns wilder on the 13th.

Kiera Ward turns **13TEEN** on the 13th!

Kathy Ridgely has a spanking day on the 15th.

Billy Treadway, Sr. turns wiser on the 18th.

Brianna Hardin turns **18** on the 18th.

Candace Mattox is the Queen on the 19th!

Teresa Miller parties 'til dawn on the 20th.

Tommy Mattox turns **10** on the 20th.

Cody Hardin turns **23** on the 20th.

Winter Erff turns **4** on the 23rd.

Ryan Erff turns **22** on the 23rd.

Deanna Wiedman gets spanked on the 26th.

Monika Williams turns **12** on the 28th.

Nathan Travis turns **12** on the 28th.

Paul Mann parties all night on the 28th.

Bob & Lossi Lacoste celebrate their **50th** on the 7th!

Merry Christmas, Happy Hanukkah, Good Kwanzaa... Have a joyful holiday.

Randy Rodriguez - Happenings

Email to happenings1@att.net.

Important Phone Numbers

County Commissioner -	607-6901
Sheriff: Non-Emergency -	633-7162
Fire Station 26 (Port St. John)	633-2056
Emergency Operations Center	637-6670
Waste Management -	636-6894
Roadway Maintenance -	264-5084
SCAT Bus Information -	633-1878
Port St. John Library	633-1867
PSJ Community Center -	633-1904
Florida Power & Light -	723-7795
City of Cocoa Water Dept. -	433-8400
Parrish Medical Center	
Port St. John -	636-9393
Titusville -	268-6111
Atlantis Elementary School -	633-6143
Challenger 7 Elementary -	636-5801
Enterprise Elementary School	633-3434
Fairglen Elementary School -	631-1993
Campus Charter School -	633-8234
Space Coast Jr/Sr High School -	638-0750
Sexual Offender Registry -	
www3.fdle.state.fl.us/sexual_predators/	

Parrish Medical Center Offers Free Community Support Groups

Parrish Medical Center is offering free support groups for community members living with various health issues. See the upcoming December support groups listed below:

- Awake Sleep Disorders Support group, Monday, Dec. 10, 6–8 p.m., Parrish Healthcare Center, 5005 Port St. John Parkway Port St. John
- Caregiver Support Group, Thursday, Dec. 6 and 20, 9:30–11:30 a.m., Heritage Hall, 921 N. Washington Ave., Titusville
- Care Giver Academy, Thursday, Dec. 13, 10–11 a.m., Heritage Hall, 921 N. Washington Ave., Titusville
- Diabetes Support Group, Thursday, Dec. 13 3:30–5 p.m., Heritage Hall, 921 N. Washington Ave., Titusville
- MAK Gathering (Moms and Kidz) Support Group, every Monday and Wednesday, (Dec. 3, 5, 10, 12, 17 and 19), 10–11:30 a.m., The Children's Center, 5650 S. Washington Ave., Titusville
- Parkinson's Support Group of North Boulevard, Friday, Dec. 21, 2–4 p.m., Heritage Hall, 921 N. Washington Ave., Titusville
- Pulmonary Hypertension Support Group,

Tuesday, Dec. 11, 3–5 p.m., Grace United Methodist Church, Merritt Island

- Stroke-Heart Survivors Group, Tuesday, Dec. 18, 2–4 p.m., 921 N. Washington Ave., Titusville
- Parrish Partners Cancer Support Group, Monday, Dec. 17, 4–5:30 p.m., Parrish Medical Center, 951 N. Washington Ave., Titusville

The support groups are free, but space is limited. For more information, and to pre-register, visit parrishhealthcare.com/events.

Winning Ladies

Congratulations to the Space Coast High School Girls Bowling Team, who won the Cape Coast Conference and the District Tournament. Way to go, ladies!



Port St. John Christmas Parade Entry Form

NAME OF GROUP: _____

CONTACT NAME: _____

CONTACT PHONE: _____

CONTACT ADDRESS: _____

Are you having music? Y N Type of music: Band Caroling Other _____

Music Volume: Loud Moderate Soft

Do you have animals? Y N Type & number: _____

Approx. number of marchers in group (include moms, coaches, etc.): _____

of vehicles (include follow vehicles): _____ Type: _____

Include or attach a description of your entry for the Parade Announcer.

Return to: HAPPENINGS, 600 Aloha Ave., Port St. John, FL 32927

Parade T-Shirts: \$12.72 (inc. tax) _____ Red, S, M, L or XL



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Randy Rodriguez
321-631-2128
Cell: 863-7499



3 BR/2 Bath \$239,900
2-Car Garage / Shed

Beautiful home just had a makeover. New paint, new landscaping, appliances are 2 years old. Open kitchen between dining room and breakfast nook. Family room looks out onto 24' patio. Master bath has garden tub and walk-in closet. The shed makes a great workshop. You'll be proud to call this home!



3 BR/2 Bath \$179,900
2-Car Garage
A beautiful stone fireplace in the living room sets the tone. Tile floors lead to a large eat-in kitchen. Your new home has a large fenced back yard and a patio for your BBQ's.



3 BR/2 Bath \$175,000
2-Car Garage

Looking for a beautiful home? Tile floors throughout. Just repainted, inside and out. Large back yard, Newer roof, AC and water heater; privacy fenced, security system, inside laundry room.

District One Fall News Blast

It has been a great 2018 and there is so much in our lives to be thankful. A special thank you to all the men and women who have served our great nation in the military.

I appreciate your support as we continue to gain momentum in this season of growth. We certainly are enjoying economic recovery in Brevard County.

Let's Talk – Space

We have worked hard to diversify our industries, but in light of this, the space presence in our community is totally awesome. It is wonderful to live on the Space Coast and be a part of the history and future of space exploration.

NASA informed us that there are four companies building manned space vehicles: SpaceX, Boeing, Lockheed Martin and Blue Origin, right here in our backyard. SpaceX plans to launch every 13 days and will be launching a manned flight in March/April of 2019, followed by Boeing. The smile has not left my face.

Astro Pak facility on Grissom Parkway has completed reconstruction on their 38,000 square foot building. This facility will enable them to create 17 new jobs once it is fully operational.

In addition to Blue Origin's 750,000 square foot New Glenn rocket assembly facility, they plan to build an additional rocket testing and refurbishment facility. This \$60 million facility will be on the same lot as their current rocket facility and will be the second largest building in Exploration Park. Blue Origin anticipates creating approximately 50 new jobs. Blue Origin has recently been selected by United Launch Alliance to provide the main engine for its next generation Vulcan launch vehicle.

Let's Talk - Environment

Lagoon: Our ½ cent sales tax is at work and North Brevard projects are underway, which are in Canaveral Groves, Cocoa, Mims, Port St. John, Scottsmoor and Titusville. Projects include Living Shorelines (oyster beds), muck removal, septic to sewer conversions, numerous baffle boxes and storm water projects. The Osprey Water Reclamation Facility in Titusville received an \$8,000,000 nutrient removal upgrade from the lagoon funds. This project will significantly improve the removal of nutrients (nitrogen) from reclaimed water, which in turn will reduce the amount of nitrogen passed from ground water into the lagoon. Many lagoon projects are still

in the beginning stages. Don't forget, each of us can help in this effort by watching what we put in our water. Don't fertilize in the summer when there is the highest rain, pick up after your dogs and do not wash grass clippings into storm drains. Again, I am so proud of Brevard County and the great efforts to clean up our lagoon. We are the only county making a significant financial contribution toward this effort.

Nature: The north side of our causeway is a critical destination for spawning Horseshoe Crabs. As hard-armoring of the Indian River Lagoon's shoreline increases, sandy beaches will become ever more important for the survival of these ancient arthropods, which are among the oldest living creatures on earth. Good news... the county is submitting an application for Tourist plus Lagoon Grant Funds to conduct a feasibility study for shoreline stabilization in this area.

Our 22nd Annual Space Coast Birding and Wildlife Festival will be held January 23 – 28, 2019 at Eastern Florida State College North Campus in Titusville. This festival proudly hosts over 2,000 tourists in our community for a total economic impact for our area of \$957,124.00. Please make these Birders feel welcome in our

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Mon - Fri: 9:00 AM - 6:00 PM

Saturday - 9:00 AM - 3:00 PM

Sunday - CLOSED



community.

Solar News: In March the Brevard County Commissioners voted to waive permit fees for homeowners who install solar power generation equipment. This could save homeowners an average of \$175.00 per project.

Let's Talk - Economy

In our last news update we looked back at where we had been and how far along we had come since the economic downturn. As 2018 comes to a close, we can be thankful for the 9% growth in property values and 53% increase in new construction throughout Brevard County. A monumental increase in commercial property values was here in North Brevard. All of the 16 cities and towns in unincorporated Brevard County witnessed taxable values increase. The increases in taxable value and new construction will translate into a broader tax base and hopefully lower the burden on homeowners. Taxes for the second year in a row have remained stable. The Commissioners have been dedicated to keeping taxes low.

Last year the County exceeded the goal of resurfacing 55 miles of roads and was able to resurface 64.2 miles countywide. 14.7 of those

miles were in North Brevard. With the current budget, the goal this year is to resurface 61 miles countywide and 13.85 in North Brevard.

Let's Talk - Play

Boat Ramps: Port St. John Boat Ramp survey work is complete and the purchase order for design has been issued, then permitting followed by construction. Parrish Park Boat Ramp survey work is complete, design phase is underway and then permitting and construction. Scottsmoor Landing dredging and construction permitting is in progress. This is not a fast process but the County is moving forward with repairs.

Let's Talk -New Business- Jobs, Jobs, Jobs

Woodgrain Distributing is constructing a new 80,000 square feet distribution facility near Grissom Parkway in Titusville's Spaceport Commerce Park. New positions will be added once the construction is completed in spring of 2019.

Erdman Automotive World, Cocoa

Wal-Mart Distribution Center, Cocoa

Let's Talk - Upgrades and Improvements

Canaveral Groves: Stormwater project plan is being developed. Dirt road rehabilitation ongoing. Kumquat and Seville completed.

Port St. John: Phase One storm water project

plan is in progress. Brevard County Commissioners approved a small area study to be conducted in Port St. John. This study will provide a much needed detailed analysis to help with future planning and development in this growing community.

Mark your calendar

Christmas Parade Schedule

December 1- Mims---10:30 am

December 8- Titusville---6:00 pm

December 15- Port St. John---11:00 am

January 23- 28, Birding and Wildlife Festival

We pray you will have a wonderful Christmas season. District One staff and myself are here to serve and we are thankful for each of you who are a part of this great community. Thank you for being involved and living in the Great County of Brevard! I am one happy Commissioner. It is a Great Day in Brevard County.

Thank you again!

Rita Pritchett,

Brevard County Commissioner, District One

This article was cropped for space. For the full District 1 Blast, contact Carol Mascellino at carol.mascellino@brevardfl.gov or call 321-607-6901. - Ed.

PARRISH HEALTHCARE EVENT

Planning Your Healthcare Future

WHEN | Wednesday, Jan. 9 | 10–Noon

WHERE | Fairfield by Marriott
4735 Helen Hauser Blvd., Titusville

ABOUT | Find out how healthcare planning can change questions and confusion into peace of mind for you and your loved ones.

Lunch will be served at this free event, but seating is limited. Visit parrishhealthcare.com/events or call 321-268-6110 to reserve yours.



parrishhealthcare.com/events

Healing Families—Healing Communities®

PMC Using New Impella CP Heart Pump™

Parrish Medical Center is now using the new, minimally invasive technology called the Impella CP Heart Pump™. The medical device was first used by PMC's Cardiovascular team in August to reopen blocked coronary arteries of a patient who had suffered three heart attacks while in route to the emergency department. They are among the first to use this new, leading-edge cardiovascular technology.

The Impella™ is an advanced, percutaneous cardiac assist device that pumps for the heart. It allows the heart to rest during stent placement or balloon angioplasty. The device is inserted through a catheter in the patient's groin (femoral artery). This results in a much shorter recovery for patients.

PMC's first Impella™ patient was treated well under national benchmarks of 90 minutes from arrival in the emergency room to the time the coronary artery was opened (door-to-balloon time.) More importantly, the patient experienced an excellent outcome and was able to return home to loved-ones.

"It is extremely gratifying to us to be able to provide this medically advanced cardiovascular treatment to our community," said George Mikitarian, Parrish Medical Center | Parrish Healthcare president/CEO. "Use of the Impella™ allows more patients with severe heart damage to receive the care they need close to home."

According to Parrish Medical Center's 2016 Community Needs Health Assessment, more than 86 percent of adults in North Brevard report one or more cardiovascular risk factors. Risk factors include being overweight, smoking cigarettes, being physically inactive or having high blood pressure or cholesterol.

The Florida Department of Health attribute 3 out of 10 deaths in Florida to heart disease and it is the number one killer in the U.S.

While, to date, over 50,000 patients have been treated with Impella in the United States, Impella is currently used in only 1 percent of percutaneous coronary interventions. PMC's Cardiovascular Services is at the forefront of this lifesaving medical advancement.

Toys for Tots Toy Drive

Liberty Title Company, Shipping Depot of Port St. John, Daddy O's Diner, Country Cookin' Diner, Coastal Realty are banding together to hold a Toys for Tots Toy Drive on Friday, December 7th, from 2pm-6pm in West Plaza, located at 720 West Ave. in the front of Port St. John.

Their goal is to reach a goal of 250 new, unwrapped toys for boys or girls ages 3 months to 16 years, and to celebrate the spirit of giving from local businesses and the Port St. John community.

They are encouraging people to bring a new, unwrapped toy donation for Toys For Tots and enjoy free hot cocoa, cookies & snacks, Christmas music and free face painting for kids.

Daddy O's Diner is offering free dessert with a donation. Country Cookin' Diner is offering a \$5 gift card for a donation. There will be booths and tables set up in front of the participating businesses. You are welcome to give your toy to any of the participating businesses and they'll get them all to Toys for Tots.

Merry Christmas, everyone!

KNIGHTS OF COLUMBUS

Blessed Sacrament Catholic Church

CHRISTMAS TREE SALE

Saturday, 11/23 thru Saturday, 12/23

Monday thru Friday, 3:00 - 8:00

Saturdays 9:00 - 8:00, Sundays, 12:00 - 6:00



ALL PROCEEDS go to KofC Charities, which include: Habitat for Humanity, Brevard County Special Olympics, Food for Families, VA "Home At Last" project and educational scholarship programs.

LET'S TALK ABOUT getting you more from Medicare.



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Sales Agent for a Free Consultation.***

Louise Brown

321-482-6283 (TTY: 711)

Monday-Friday, 8 a.m. to 5 p.m.

Humana.

*No obligation to enroll.

Humana is a Medicare Advantage HMO, PPO and PFFS organization and a stand-alone prescription drug plan with a Medicare contract. Enrollment in any Humana plan depends on contract renewal. Humana Inc. and its subsidiaries ("Humana") do not discriminate on the basis of race, color, national origin, age, disability or sex.

English: ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 321-482-6283 (TTY: 711).

Español (Spanish): ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 321-482-6283 (TTY: 711).

繁體中文(Chinese): 注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 321-482-6283 (TTY: 711).

Y0040_GHHXDEEN18 Accepted

Port St. John Public Library

December Calendar of Events

(321) 633-1867

Mon., Tues., Fri., 9 am - 5 pm; Wed., 12 - 8 pm;

Thurs., 10 am - 6 pm; Sat., 10 am - 2 pm

The library will be closed Dec. 24 & 25.

Yarning for a Cause: Mondays, 10 am-12 pm.

Master Gardener: Mondays, 2-4 pm.

Senior Games: Tuesdays, 11:00 am - 3:00 pm.

Join other seniors for a variety of card games, Rummikub, Dominoes, etc. Bring your favorite game and lunch or a snack.

SHINE - Serving Health Insurance Needs of Elders: Tues., Noon-3:00 and Weds., 1-4 pm. Counselors assist seniors and the disabled with Medicare and Medicaid questions. Call for an appointment time, 321-222-7981.

STIR - Story Time for Independent Readers: Thursdays, 3:30-4:30 pm. 1st grade and up. Pre-registration required.

Yarn Club: Fridays, 2-4:00 pm. Knit, crochet and needle arts. Sit, talk and create. All ages and abilities welcome. Want to learn? We can help!

Overeaters Anonymous: Saturdays, 9:30-10:30.

Meetings and Events:

Dec. 1, 10:00-Noon Friends of the Library

Cookies with Santa

Dec. 5, 6:30-7:45 pm 100 Acres Woods HOA

Dec. 6, 10:30-11 am PPD/PPA Support Group

Dec. 8, 10 am-Noon PSJ Pokémon Club

Dec. 10, 5:30 pm Port St. John Public

Library Advisory Board Meeting

Dec. 12, 5-7:00 pm North Brevard Economic Development

Dec. 12, 6:30-7:30 Bookworms Adult Book Discussion Group

Dec. 19, 6-7:45 pm Sunrise Village

Dec. 22, 10 am-Noon PSJ Pokémon Club

Cookies and Milk with Mrs. Claus

December 1st at 10 am 'til 12 noon.

Santa will be at the party hearing gift wishes. Every child will get a book and candy. There will be cookies, milk, crafts, tree decorating, "Twas the Night Before Christmas" readings, refreshments and fun!

Thanks, Weight Watchers Anonymous for your generosity over the years. **Happy Holidays to Port St. John and surrounding communities!**

Sponsored by Friends of the Port St. John Library

Holiday Art & Craft Fair

Edgewood JSHS is hosting their annual Holiday Art & Craft Fair on Saturday, Dec 8 at Edgewood JSHS from 9:30-2:30 at the school, 180 E. Merritt Ave, Merritt Island.

Come out and do some holiday shopping from unique vendors, crafters and artists! You'll find handmade crafts and jewelry, unique gifts & home decor, and vendors like doTerra, Thirty-One, Premier and ColorStreet.

Feeling hungry? There will be raffles, a bake sale and food trucks, like Big Don's BBQ and Hitchin Kitchen!

For more information, email EdgewoodProject-Grad@gmail.com.

Calling All Christian Authors!

Dynamic writers group in Cocoa, Fla. offers training, critiques, and paid writing opportunities. (2nd Sundays, 2-4:30 PM at Cocoa library.)

Contact D.P. Clarke at 1royaldy@gmail.com for more information. Print "Writers Group" in the Subject line.



Christmas is really a time for families to unite. It is a time to share all the laughter and cheers. From all of us at Canopy Insurance, we wish you and your families a very Merry Christmas and a Happy New Year!

MEDICARE ENROLLMENT IS HERE UNTIL DEC. 7, 2018. LET US HELP YOU MAKE THE MEDICARE DECISION: SUPPLEMENT OR ADVANTAGE

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LIFE • HEALTH • ANNUITIES

Fly Me to the Moon Gala Exceeds Fundraising Goal

Jess Parrish Medical Foundation's annual benefit gala *Fly Me to the Moon* was a tremendous success, surpassing its \$150,000 goal and raising more than \$175,000 in net proceeds to benefit mental and behavioral health initiatives in Brevard County. Presented by the law firm of GrayRobinson, P.A., and Laura and William Boyles, the event was held October 13th at Cruise Terminal One in Port Canaveral.

More than 415 enthusiastic guests "played among the stars" as they were transported back in time to the 1960s golden era of space. While taking in picturesque views of one of the busiest cruise ports in the world, guests were welcomed to the event with a signature *Fly Me to the Moon* cocktail provided by The Grand Martini of Titusville, shrimp cocktail courtesy of Wild Ocean Market and cicchetti (Italian-style tapas). Guests mingled with NASA astronaut Capt. Winston Scott and shopped an "Out-of-This-World" silent auction.

While dining, attendees were dazzled with entertainment provided by the Space Coast Jazzcats. Entertainment included music from the past and present and featured a solo trumpet performance of *Fly Me to the Moon* by Capt. Scott. After relishing an Italian feast, guests danced the night away in '60s style with the swing sensations of the 15-piece Space Coast Big Band and took part in an interactive, virtual-reality experience provided by Greater Titusville Renaissance and Titusville Area Chamber of Commerce.

Gabby Maggard, an inspirational Astronaut High School Sources of Strength peer leader shared her remarkable story about her personal and nearly unbearable struggle with depression that started when she was in fifth grade. Her involvement with Sources of Strength led her to ask her parents for medical treatment. "Now, I am in a great place... but once upon a time, I wasn't," said Ms. Maggard. "Sources of Strength taught me to rely on my sources of strength, and to reach out to people, whether it's for my benefit or to help others. Sources of Strength is helping us save ourselves from our self."

Event proceeds will benefit mental and behavioral health initiatives in Brevard County by providing:

- **Help for Teens:** Sources of Strength, a teen health and wellness program focused on pre-

venting suicide, bullying, substance abuse and self-harm will be expanded to select private and charter schools in North Brevard.

- **Help for Parents of Young Children:** The Incredible Years® parenting program will provide parents with the tools to increase positive social-emotional behaviors in their children, thereby leading to improved life skills as adults.

- **Help at Work:** Wellness workshops for local businesses will be offered to teach employees how to navigate through life's ups and downs.

- **Help for Individuals with Disabilities:** Services providing education, social-skill development, emotional regulation, and increased independence will be expanded.

"It has been our honor and privilege to once again be the presenting sponsor of this important event," said William A. Boyles, shareholder at GrayRobinson, P.A. "We believe in Parrish Medical Center's vision of Healing Families—Healing Communities® and are delighted to help expand mental and behavioral health services in the community."

Fly Me to the Moon underwriting chair and event co-chair Judy Allender helped to secure more than 100 sponsorships and general donations from community members and organizations.

Event partners included Galaxy-Level Sponsors: Bermello Ajamil & Partners Inc., OMNI Healthcare, and Zumpano Patricios. Constellation-Level Sponsors included Allender & Allender P.A./Port Commissioner Jerry and Judy Allender, Coastal Ambulance Service, Injury Centers of Brevard, Bob and Jessie Kirk/Kirk Management LLC, Palm Point Behavioral Health, TeamHealth Emergency Management Division, and Susan Morse/UBS Financial Services. Eclipse-Level Sponsors included The Broome Law Firm/Chris and Kelley Broome, Cocoa Beach Hospitality/Transportation Association, Dr. Frank & Marilyn Dienst Medical Services LLC, Genesis VII Inc./Robert and Karen Jordan, GT USA LLC, Healthfund Solutions LLC, Industrial Steel Inc., Kindred, Loyd Contracting Co. Inc./Port Commissioner Micah and Heather Loyd, George and Liz Mikitarian/Legacy Academy Charter Schools Inc., Ron Norris Inc. – Buick, GMC, Honda & Ford, Pearson Bitman, Power Wellness, RUSH Con-

struction Inc., Dr. Tanya Taival, Obstetrics and Gynecology; TeamHealth Anesthesia and Parrish Anesthesia Specialists, and Bill and Rachel Terry. In-kind media sponsors included Brevard Business News, Florida Today and SpaceCoast Living. Other generous sponsors were recognized at the gala.

"On behalf of the Jess Parrish Medical Foundation Board of Directors and staff, we extend our heartfelt thanks to all those who supported our 2018 gala and contributed to its success. We have been overwhelmed by the outpouring of support which will impact our community for generations," said Jessie Kirk, chair, JPMF board of directors.

Judy Allender and Holly Carver were co-chairs for the event. Gala committee members included Winnie Brewer, Kelley Broome, Mary Coleman, Amy Craddock, Lori Duester, Voncile Franklin, Betty Greene, Samantha Guyre, Dawn Hohnhorst, Clarissa Kirk, Jessie Kirk, Elizabeth Kump, Melissa Lugo, Allison Morgan, Christina Morrison, Susan Morse, Tara Ruch, Leigh Spradling, Dr. Tanya Taival and Lavaughn Young.

Photos With Santa!

Santa Paw For the Cause!

Bring your pet and children, too, and join Friends for Animals Sanctuary (FFAS), a non-profit, volunteer organization, for Photos with Santa! On Sunday, December 2nd, 11:00 a.m. to 3:00 p.m. at Myrt Tharpe Square in Cocoa Village.

Sponsored by Tails at the Barkery, this event will help raise much needed funds for the animals FFAS rescues and the building of Brevard County's first no-kill, no cage animal sanctuary. The majority of animals who come to FFAS have medical conditions resulting from neglect or abuse, some have behavioral and emotional issues, some arrive as strays suffering from illness and injury, and all are in need of love and attention, which FFAS is happy to provide.

For a \$10.00 donation, receive a goody bag and a framed 4x6 color photo with Santa. No appointment necessary! All pets must be on a leash or in appropriate carriers, and have current vaccinations and county tags for the safety of our animals and friends. All donations are tax deductible and greatly appreciated.

Walter Butler Community Center - December, 2018

Bernice G. Jackson Park, 4201 North US Hwy. 1, Sharpes

The center is open Monday–Thursday from 10 - 8 PM, Fridays from 9 AM to 6 PM and Saturday 10 AM-2 PM Schedule is subject to change. Call 321-433-4448 for latest information.

Mondays

24th - Center closed for Christmas Holiday

Pickleball, 11 a.m.-2 p.m.

Kids In Motion, 2-6 p.m.

Basketball Fundamentals, 3-4 p.m.

Kids Yoga, 3:30-4:30 p.m.

Open Gym, 5-8 p.m.

Open Computer Lab, 11a.m.-2 p.m. & 6-8 p.m.

Tuesdays

25th - Center closed for Christmas Day Holiday

Pickleball, 11 a.m.-2 p.m.

Kids In Motion, 2-6 p.m.

Basketball Fundamentals, 3-4 p.m.

4-H Garden Club, 3-4 p.m.

Open Computer Lab, 11 a.m.-2 p.m. & 6-8 p.m.

Open Gym, 5-8 p.m.

Wednesdays

Home School Yoga, 10:15-11 a.m.

Pickleball, 11 a.m.-2 p.m.

Open Computer Lab, 11 a.m.-2 p.m. & 6-8 p.m.

Kids In Motion, 2-6 p.m.

LEGO BRICK Club, K-2nd, 3-4 p.m.

Robotic Club, 4-5 p.m.

Volleyball Fundamentals, 5-8 p.m.

Thursdays

Pickleball, 11 a.m.-2 p.m.

Open Computer Lab, 11 a.m.-2 & 6-8 p.m.

Home School, 10 a.m. -12 a.m.

Kids in Motion, 2-6 p.m.

Kids Yoga, 3:30-4:30 p.m.

LEGO BRICK Club, 3rd-6th, 4-5 p.m.

Volleyball Fundamentals, 5-8 p.m.

Open Gym, 6-8 p.m.

Fridays

Open Gym, 9-11 a.m.

Home School, 9:30 a.m. - 11 a.m.

Open Computer Lab, 11 a.m. - 2 p.m.

Pickleball, 11 a.m. - 2 p.m.

Kids In Motion, 2-6 p.m.

4-H Garden Club, 3-4 p.m.

Co-Ed Basketball Games, 3-7 p.m.

Saturdays

Open Gym, 10 a.m. - 2 p.m.

Basketball Fundamentals - Program designed for boys and girls ages 8 to 12. Each week the participants will learn/review basic basketball skills and apply them to a variety of drills. Games played, but primary focus will be to build on and improve the skills sets of each participant. Practice held Monday and Tuesday 3-4 p.m. For more information, contact Donovan Gilbert at Walter Butler Community Center at (321)433-4448.

Cosmic Kids Yoga - Kids (ages 5+) can practice yoga with a certified cosmic Kids Yoga instructor. Yoga is a great way to increase flexibility, lower stress and improve energy. The goal is to teach kids yoga in a fun, exciting, story-fashion while focusing on three principle ideas; think good things, say good things, do good things. This class meets twice a month. For more information contact the Walter Butler Community Center at (321) 433-4448.

Robotics Club & Lego Brick Club - In each class we will learn how to build and program a particular robot using the LEGO WeDo 2.0 System. This system strengthens students' understanding of the eight science and engineering practices. For more information, contact Walter Butler Community Center at (321) 433-4448.

Volleyball Fundamentals is a class which teaches proper playing techniques and teamwork. This class focuses on teaching beginners how to properly bump, set, spike and more. Classes will be held on Wednesdays & Thursdays 5-8 p.m. For more information contact Donovan Gilbert at Walter Butler Community Center, 433-4448.

Kids in Motion - An after school program that focuses on anti-bullying and educational hands on projects that helps to stimulate learning, and growth; such as the Choice Program, 4-H Club and Stem Programs to enhance learning. Monday-Friday 2-6 p.m. \$30 a week. Discounts do apply if you live in the target area and if the child is eligible for free or reduced lunch and if the household receives any assistance. For more information contact WBCC at (321)433-4448.

4-H Junior Master Gardener Program - The Junior Master Gardner Program engages participants in novel, hands-on group and individual learning experiences that promote a love of gardening, develop an appreciation for the environment, and cultivate the mind. Classes will be held on Tuesdays and Fridays 3-4 p.m. For more information contact Jan Jordan at the Walter Butler Community Center (321) 433-4448.

Persons With Disabilities Dances are held at Walter Butler Community Center every 1st and 3rd Friday of the month from 7-9 p.m. all ages welcome.

For more information, contact Andrea Chestnut at 321-264-5058 or 321-264-5105.

Buffet Breakfast

Blessed Sacrament Church, 5135 North Cocoa Blvd., Cocoa, will be hosting a Buffet Breakfast with Omelet & Waffle Stations by Chef Marcio on Sundays from 9 am – 12 pm.

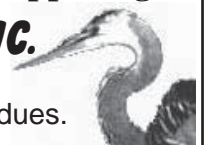
The cost will be \$10 for Adults, \$5 for Children 5-12 and free for children under 5. Everyone is invited to have a great breakfast with your family!

Also, the new Food Pantry is now open Fridays, 11 am – 1 pm.

Meet your neighbors and stay informed of Events & Community Happenings!

CANAVERAL GROVES HOMEOWNERS INC.

If you'd like to join and support our Homeowners' group, just cut out and fill out this form and mail with a check for \$15 to cover the current year's membership dues. Mail to: CGHI, P.O. Box 675, Sharpes, FL 32959



Name _____

Address _____

E-mail _____

Phone _____ May we include your phone number on our membership roster to CGHI members? Yes No

Won't you come join us? We meet the 2nd Thursday of the month at Discovery Church, 3925 Grissom Pkwy. at 7:00 PM. www.CanaveralGrovesHOA.com

My therapist says I have a preoccupation with vengeance. We'll see about that.

SLEEPY HOLLOW



Fruit From The Groves

Summary of the Canaveral Groves Homeowners meeting for 11-8-18:

Lt. Simpkins from Brevard County Sheriff's Office was there and he informed us what was going on in West Precinct, which covers the Groves. He said people should call in when there is a traffic problem like speeding and passing school buses. The more information on the violation, the better. They may not get to the violation right away because they may not be close by. The information will be passed on and recorded so the supervisors can see where problems are and can shift resources as needed. They also need to know about anything that is suspicious or a concern that there may be criminal activity going on.

He also advised that Brevard County Sheriff's Office runs a Teen Drivers Challenge. Parents can sign their child up for the class and driving course. They must have a Learner's Permit or Driver's License and a vehicle. Those with a Learner's Permit must have a licensed driver with them. The application can be found on the BCSO web page.

Summer Breeze Plantation was talked about again and it is not in the Groves.

The area wide garage sale had a lot of positive feed back. People also got a chance to meet other people who live in the Groves.

There will NOT be a Pecan Sale this year due to a number of problems.

The 2019 yearly dues are now due. The dues are \$15.00 per year. They support Canaveral Groves Homeowners. We are not your typical HOA. We take no actions on any violations and were set up to pass on information and support the Groves. WE are an ALL VOLUNTEER organization. There are forms in the Happenings if you want to join.

There will be no December meeting. The next meeting will be January 10, 2019 at 7 P.M. at Discovery Church on Grissom Parkway. At that meeting, there will be election of officers. There

are some openings that need to be filled. It is a good way to meet others who live out here, keep updated and have a voice on what is going on. Hope to see you there.

With the Holidays coming, we all need to be safe. There are plenty of Public Service Announcements out there for us to pay attention to about safety and security. The American Automobile Association (AAA) and Budweiser are sponsoring, again this year, "Tow and Go." This is for individuals who have had too much to drink. It is a free service. It runs from December 21, 2018 until January 2, 2019 at 6 am. Just call 1-855-286-9246 OR 1-855-2-TOW-2-GO. Please check out the site in advance in case you need a ride. It is better than risking your life or the lives of others.

School is out from December 21st through January 9th. WATCH OUT FOR CHILDREN!

The Canaveral Groves Homeowners Association staff wish everyone a happy and safe Holiday Season.

Ed Silva, President

Canaveral Groves Homeowners Association

Martin Andersen Senior Center Dances

Martin Andersen Senior Center will host Singles/Couples Ballroom Dances on Saturday, December 8th and 22nd. Music will be provided by Janice and Rene.



For both dances, doors open at 6:30 p.m. and dancing begins at 7:00 p.m., ends at 10:00 p.m. Free snacks, BYOB. Adults of all ages are welcome. The cost is \$6; \$5 for members.

Adults of all ages are welcome to our dances. MASC is located at 1025 S. Florida Ave., Rockledge. Call Martin Andersen Senior Center at 321-631-7556 for more information.

Ride 4 Kids

On Saturday, December 1st, a trail ride to raise money will be held at Horseback Trail Rides, 1020 Camp Road in Cocoa. The proceeds benefit Protect Our Children, Brevard's child protection charity.

Rides will go out at 9 & 11 AM. Please reserve your spot at least one day in advance so no one gets left out.

For more information, call (321) 632-7085 or visit floridahorsebacktrailrides.com.



New Guinea Flatworm

First it was pythons, then iguanas -- now, something else is invading the Sunshine State. It's called a New Guinea flatworm, and the Florida Fish & Wildlife Conservation Commission said it is so concerned about its spread that there's a New Guinea flatworm hotline.

The creature has already made its way into Central Florida. If you see one, authorities say don't touch it. This creature could make you very sick. A University of Florida report said not only are they an invasive species that can cause real environmental damage, but they also are known to carry a parasite called rat lungworm that can cause a form of meningitis in humans. They issued the following statement: "This flatworm produces toxic secretions that may trigger an allergic reaction in some people."

Already, there have been 17 reports of flatworms in Indian River County, just a few miles from Grant, and they've been spreading in South Florida for a couple of years now. They're often found in landscaping and plant pots.

UF researchers advise that the best way to kill the two-inch worms, which can reproduce without a mate, is to pour boiling water on them.

More Holiday Parades



If you're going to build a float or parade entry for the Port St. John parade, Brevard County Parks and Recreation is now taking applications for the Merritt Island and Cocoa/Rockledge Holiday Parades. The parade theme for this year will be Candy Factory Holiday.

Mindy from "Mike and Mindy in the Morning" on Lite Rock 99.3, an iHeartMedia station, will be emceeing the parades.

And if you just like watching parades, the Merritt Island Holiday Parade will be held Saturday, Dec. 1, with step-off at 10 a.m. The parade will travel from Grove Blvd. at Merritt Island High School, south on Courtenay Pkwy. to Edgewood Jr/Sr High School on Merritt Ave.

The Cocoa/Rockledge Holiday Parade will be held on Saturday, Dec. 8, with step-off at 3 p.m. The parade will travel North on Florida Ave. at Rockledge HS to Brevard Ave. and conclude at Lee Wenner Park.

For additional information about the parades, please call 321-633-1874. Applications for the

parades are available by calling 321-633-1874, or by emailing Jesi.Ray@brevardparks.com.

Home Break-In Scam

The Rockledge Police Department issued an advisory after they had received multiple reports of a white female and white male knocking on doors offering tree cutting services. While the female distracted the resident, the male enters the backyard and breaks into the home. They were driving a white Saturn.

There were also reports of this same type of situation in neighborhoods off of 524 in Cocoa and in the Groves.

These scumbags need to keep moving to avoid being caught, so be aware and alert wherever you live. Please be cognizant of who you are answering the door for. Anybody knocking on your door selling products or services must have a permit to do so. Make them show you the permit. If a situation makes you uneasy, please call BCSO on the 911 line if you think they're breaking in, or the north area precinct at 321-264-5100 to report the incident along with your location so they can be caught.

Gift of Light

Start the holiday season with Parrish Medical Center's free 27th annual community celebration, Gift of Light. The event will take place on Thursday, Dec. 6 from 6-8 p.m., located at Parrish Park, 951 N. Washington Ave., Titusville.

Everyone is invited to celebrate! Gift of Light is a treasured community tradition that signals the start of the holiday season. Parrish Medical Center's grand 50-foot tree of lights will stand as a landmark-tribute to our tradition of lighting the way to the healing power of hope, love and joy of the season.

Each light on the Gift of Light tree honors or memorializes a community loved one.

The free holiday event includes; a tree lighting, fireworks, holiday entertainment, visits with Santa and Mrs. Claus, face painting, holiday crafts, games, prizes and more.

For more information about Gift of Light or to purchase your memorial on the tree, please call 321-268-6110 or visit www.parrishhealthcare.com/giftoflight.

All proceeds and donations from the event will benefit the Jess Parrish Medical Foundation.



NEW HOURS!

Monday-Thursday: 11:00 AM-9:00 PM

Friday: 11:00 AM-10:00 PM

Saturday & Sunday: 7:00 AM-9:00 PM

DINE IN OR TAKE OUT

321-638-4130

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FOR ANY OCCASION

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Weekday Lunch Coupon



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LIQUOR!**



WISHING YOU...



The Spirit of
the Holidays



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